



# Thomas Gaines, MD, FACC, CBNC

Medical Director, Cardiovascular Care

## LANGUAGES

### SPOKEN

English

## SPECIALTIES

Cardiology

## EDUCATION

Florida State University

Louisiana State University Health Sciences

Center New Orleans

University of South Florida

## ASSOCIATIONS

American Board of Internal Medicine

American College of Cardiology

American College of Physicians

National Board of Physicians and Surgeons

## MY CENTER

### Metairie Super Center

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Metairie, LA, 70006

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**“True collaboration and relationship building is everything.”**

### About Thomas Gaines, MD, FACC, CBNC

Originating from a long line of healthcare professionals, Dr. Thomas Gaines is a cardiologist passionate about not only leading his patients to better health but also helping them understand that process. He strives for comprehensive care that caters to individual needs and goals. “True collaboration and relationship building is everything,” he says. Dr. Gaines takes pride in both serving and learning from the senior population. “I have strong beliefs about equity and equality in healthcare,” he says.

When he isn’t with patients or attempting to teach his cat how to fetch, Dr. Gaines loves experiencing live music and hiking with his wife. He aspires to travel to Greece, Japan, and Argentina.