**“Patients have full autonomy to make their own decisions and we are only here to guide them.”**

## About Harold Rahming, MD, MHS

At an early age, Dr. Harold Rahming knew he wanted to serve as an “agent of change” for the health of his community. “Health care inequity and social determinants play a major role in the overall health of our society,” he explains. Dr. Rahming is “deeply grateful” to be a primary care physician and takes pride in serving as an ally for his patients. “They have full autonomy to make their own decisions, and we are only here to guide them,” he says.

When not caring for patients, Dr. Rahming loves spending time with his family, reading, and bowling. He is an Army Combat Veteran with two tours in Iraq and hopes to one day get his pilot’s license. He also has an extensive pencil collection that he began when he was only five years old.

# Harold Rahming, MD, MHS

**LANGUAGES SPOKEN**
English

**SPECIALTIES**
Primary Care

**EDUCATION**
Meharry Medical College
Yale New Haven Hospital
University of South Florida

**ASSOCIATIONS**
American College of Physicians
American Medical Association
Army National Guard

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