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About Abbey Kavanagh, MD

For as long as Dr. Abbey Kavanagh can remember, she has wanted to be a physician. “I have a strong desire to help those around me,” she says. Dr. Kavanagh loves forming strong bonds with patients through mutual trust and authenticity. “I am dedicated to their health and wellbeing,” she says. Dr. Kavanagh strongly believes in functional medicine. She explains, “When we focus on early detection and preventative care, we are giving our patients and loved ones the opportunity to enjoy happier and healthier years.” Dr. Kavanagh takes pride in uplifting the senior population.

In her free time, Dr. Kavanagh loves reading and hiking. She also enjoys, cooking, traveling and playing the piano.

Abbey Kavanagh, MD

LANGUAGES SPOKEN

English

SPECIALTIES Primary Care

EDUCATION

St. Martinus University
Saint James School of Medicine
Louisiana State University
Memorial University of Newfoundland

ASSOCIATIONS

American Academy of Family Physicians
Louisiana Academy of Family Physicians
American Board of Family Medicine

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