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#### **About Valeria Espinosa, MD**

Dr. Valeria Espinosa comes from a family of physicians. “I think the greatest part of being a physician is the opportunity to serve and comfort those who need it the most,” she says. She likes taking the time to listen to patients and learning about them beyond their health concerns. “Once I know their story, it is easier to find ways to help them to improve,” she explains. She cares deeply about her patients and is appreciative of the opportunity to care for the senior population. “Working with this wonderful population brings me great joy as they are full of wisdom,” she says.

In her free time, Dr. Espinosa likes singing, swimming, and traveling. She also enjoys walking in the rain and watching the clouds.

## **Valeria Espinosa, MD**

#### **LANGUAGES SPOKEN**

English  
Spanish

#### **SPECIALTIES** Primary Care

#### **EDUCATION**

International University of Ecuador  
Icahn School of Medicine at Mount Sinai,  
BronxCare Health System  
Donald and Barbara Zucker School of Medicine  
at Hofstra/ Northwell Manhasset, NY  
Specialty Hospital No. 1 of the Armed Forces

#### **ASSOCIATIONS**

American Medical Association  
American Geriatrics Society

#### **MY CENTER**

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