

Tara Zaabel, APRN, MSN, BSN, FNP-C

LANGUAGES SPOKEN
English

SPECIALTIES
Primary Care

EDUCATION
Southeastern Louisiana University
University of Holy Cross

ASSOCIATIONS
American Association of Nurse Practioners

MY CENTER

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About Tara Zaabel, APRN, MSN, BSN, FNP-C

Tara Zaabel always knew she wanted to work in healthcare. “I’ve always enjoyed creating relationships with others and caring for them,” she says. She likes taking the time to get to know a patient’s background. “It’s more than just medical history and what medications they are on,” she explains. She always treats patients with respect and values their opinion. “I feel like so often our seniors’ voices and opinions are not taken into account,” she says. She adds, “I’m so excited to get to know you and help you work towards being the healthiest and happiest version of you!”

In her free time, Tara Zaabel loves spending time with her husband and children. She also enjoys relaxing in the pool and watching television.