



Crystal Navarro, MSN, FNP-C

LANGUAGES SPOKEN

English
Spanish

SPECIALTIES

Primary Care

EDUCATION

Spring Arbor University
Western Governors University
Gogebic Community College
Lake Superior State University

PRACTICING SINCE

2018

MY CENTER

Norfolk

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Norfolk, VA, 23510

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About Crystal Navarro, MSN, FNP-C

Growing up in a small, rural town, Crystal Navarro saw firsthand the negative effects of inaccessible healthcare. “I vowed that I would give back by providing care for other marginalized communities,” she says. She does not believe in excessive medications and instead encourages patients to use food and exercise as medicine. “I am always striving to provide you with the best information and education, so you can make informed decisions for your own life,” she explains. She considers herself a “lifelong learner” and is currently seeking education to also provide mental healthcare to patients. She adds, “I feel incredibly privileged to do the job that I do.”

In her free time, Crystal loves reading and spending time with her family.