



## Helen B. Dudley Burrell, MSN, APRN, FNP-C

**“Coming from a poor community, I witnessed first hand what health care disparity is, and I vowed to serve the underserved sick populations.”**

### About Helen B. Dudley Burrell, MSN, APRN, FNP-C

Helen B. Dudley Burrell explains that watching her mother suffer from chronic medical conditions influenced her to pursue a career in medicine. “Coming from a poor community, I witnessed first hand what health care disparity is, and I vowed to serve the underserved sick populations,” she says. Helen believes in open communication and wants patients to know that she is “a true partner in their health care decisions.” She explains, “I will be transparent and a guiding force for patients.” She vows to treat each patient with “dignity, respect, and compassion.”

In her free time, Helen loves working out, traveling, and enjoying quality time with her large family. She is also a United States Navy Reservist, honorably discharged in 2001.

### LANGUAGES

#### SPOKEN

English  
Filipino

### SPECIALTIES

Primary Care

### EDUCATION

Hampton University

### PRACTICING SINCE

2019

### ASSOCIATIONS

American Association of Nurse Practitioners  
American Nurses Association

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