



Heidi Joy Lazos, MSN, AGNP-BC

LANGUAGES

SPOKEN

English

SPECIALTIES

Geriatrics

EDUCATION

Virginia Commonwealth University

PRACTICING SINCE

2006

ASSOCIATIONS

American Association of Nurse Practitioners

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Virginia Beach

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About Heidi Joy Lazos, MSN, AGNP-BC

Heidi Joy Lazos was inspired to pursue a career in healthcare by her grandmother, who was a nurse. “She felt it was better to give than receive. I always looked up to her and wanted to be just like her,” she says. Heidi always takes the time to listen to patients and strives to help them meet their goals. “I am a huge believer in patient advocacy,” she says. She particularly enjoys caring for the senior population. “My drive is to provide compassionate care, translate complex medical information, and help my patients where they can’t help themselves,” she explains.

Enjoying quality time with family is Heidi’s favorite way to spend her free time. She also enjoys cooking, trying art projects, and engaging in outdoor activities.