

# Raquel Parker, MSN-Ed, APRN, FNP-C



**JenCare Senior  
Medical Center**  
A CHENMED COMPANY

**“Helping seniors stay healthy, independent, and empowered is deeply meaningful to me. My goal is to help improve quality of life, not just treat diseases.”**

## **About Raquel Parker, MSN-Ed, APRN, FNP-C**

Raquel Parker chose to pursue a career in medicine to “serve people in a real and impactful way.” She explains, “Helping seniors stay healthy, independent, and empowered is deeply meaningful to me. My goal is to help improve quality of life, not just treat diseases.” Patience and consistency are key in her practice. She believes in treating patients holistically by “looking at the whole person and not just the diagnosis.” She explains, “I take time to understand their lifestyle, barriers, and concerns. This helps patients feel understood and allows us to create realistic plans they can actually follow.”

In her free time, Raquel loves enjoying quality time with family and spending time on the water, especially on cruises.

## **LANGUAGES SPOKEN**

English

## **SPECIALTIES**

Internal Medicine

## **EDUCATION**

United States University

Walden University

The University of Texas at Arlington

Virginia Peninsula Community College

## **PRACTICING SINCE**

2002

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