

Monrelle Parrish, NP

LANGUAGES SPOKEN
English

SPECIALTIES
Primary Care

EDUCATION
South University
John Tyler Community College

MY CENTER

Colonial Heights

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About Monrelle Parrish, NP

Monrelle Parrish was inspired to pursue medicine at a very young age when her grandmother fell critically ill. "I was so intrigued by the care that was being provided to her," she says. That experience ignited a lifelong passion for healthcare — and a particular dedication to the geriatric population. "They are underserved and easily lost in the system," she says. Monrelle is committed to changing that, one patient at a time.

She strives to create a family-like bond with each of her patients, pouring love and compassion into every encounter. A strong believer in the power of education, she makes it a priority to ensure her patients truly understand their health. "Educating the patient is key in this vulnerable population," she says. For Monrelle, care is a shared journey. "We're navigating this healthcare thing together and they'll never feel alone with me as their provider," she says.

When not with patients, Monrelle enjoys attending church, traveling, and spending quality time with family and friends.