

# Kalyn English, DO



**JenCare Senior  
Medical Center**  
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## About Kalyn English, DO

Dr. Kalyn English went into medicine with a clear intention — not just to help, but to make an actual positive difference in the lives of those she serves. She builds relationships the same way meaningful ones are built in everyday life: through genuine listening and open communication. "Truly listening to someone is the only way that trust can be built," she says. "When one listens to listen — not just to hear words being said — it allows you to see that person as an individual and help them in a way that is effective for them."

Dr. English takes time to truly know her patients — their lives, their goals, and their hopes for themselves. "I want them to know that I am invested in their lives," she says. She believes that showing up consistently is what demonstrates to patients that their lives truly matter. A relationship, she says, takes work from both sides. "I put my heart into my work, and my expectation is for my patients to also take accountability for their own lives."

When not with patients, Dr. English loves being outdoors — running, hiking, or simply soaking up the sun. She also enjoys painting, drawing, listening to music, reading, and learning.

## LANGUAGES SPOKEN

English

## SPECIALTIES

Internal Medicine

## EDUCATION

Western University of Health Sciences  
Oregon Institute of Technology

## ASSOCIATIONS

American Board of Internal Medicine

## MY CENTER

### Berwyn

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