



# Julian Thomas, MD

## LANGUAGES

### SPOKEN

English

## SPECIALTIES

Cardiology

## EDUCATION

The University of the West Indies  
Howard University

## MY CENTER

### Norfolk

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Norfolk, VA, 23510

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**"I make sure my patients understand their conditions and are active partners in their treatment plan."**

### About Julian Thomas, MD

Dr. Julian Thomas was raised with a deep sense of community service and inspired by family members who set strong professional examples. "Medicine was the perfect choice for me as it allowed my interest in problem solving, interaction with people, and international career possibilities," he says. A board-certified cardiologist with extensive experience in cardiovascular disease, Dr. Thomas brings decades of specialized expertise to his patients — from coronary artery disease and heart failure to arrhythmia, echocardiography, and valvular heart disease.

After earning his medical degree from the University of the West Indies and completing his Internal Medicine residency and Cardiology fellowship at Howard University Hospital, Dr. Thomas built an impressive career spanning New York Heart Center, Wake Forest Baptist Health — where he served as Medical Director of the Echo Lab — and CarolinaEast Heart Center. He builds trust with patients through honesty, respect, and partnership. "I make sure my patients understand their conditions and are active partners in their treatment plan," he says.

When not with patients, Dr. Thomas enjoys playing tennis, collecting and listening to music, surf fishing, photography, learning history, and spending quality time with his wife and family.