# Jodi Padgett, MSN, FNP-C

**LANGUAGES SPOKEN**
English

**SPECIALTIES**
Primary Care

**EDUCATION**
Old Dominion University
University of Virginia School of Nursing
Regis University

**MY CENTER**

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### “Engaging with the geriatric population is rewarding.”

### About Jodi Padgett, MSN, FNP-C

Jodi Padgett was drawn to medicine through her family's deep roots in healthcare and a genuine passion for helping people. She has found her greatest sense of purpose working with the senior population, whose unique and complex needs keep her engaged and motivated every day. "Engaging with the geriatric population is rewarding," she says. Jodi meets her patients exactly where they are — listening closely, paying attention to the small details, and finding practical ways to make their lives easier. "I think this gives senior patients less anxiety," she says. Her goal is to help patients maintain their independence and confidence as they navigate an ever-changing world. "I feel I am helping create a better sense of independence for them," she says. "It helps with longevity and continued independence."

When not with patients, Jodi loves staying active through jogging, hiking, biking, lifting weights, and camping. She also enjoys reading, traveling, and spending quality time with family and friends.